



**Week 2: 3 – 8 August**

**Motivation in Language Learning: Insights for Teaching and Practice**

**Tutor: Anna Hasper**

Motivation is the engine that drives learning. Research consistently shows that students who feel motivated are more willing to take risks, persist through challenges, and ultimately achieve greater success. Yet fostering motivation in the classroom is not always straightforward; it requires both a deep understanding of what motivation means and the practical ability to nurture it in everyday teaching.

This interactive workshop will help language educators unlock the power of learner motivation. We will begin by unpacking major theories of motivation to better understand this complex concept, then move beyond theory to explore how teachers can actively create learning environments where motivation thrives. While extrinsic motivators play a role, our focus will be on cultivating conditions that spark and sustain intrinsic motivation, empowering learners to engage deeply and meaningfully with language learning.

Through a combination of theory, reflection, and hands-on practice, you will discover strategies to recognise and respond to unmotivated learners, foster inclusive and supportive classrooms, and connect motivation directly to engagement through active learning approaches. By the end of the week, you will leave with both fresh insights and a practical toolkit for transforming your classrooms into dynamic spaces where learners feel inspired to grow.

By taking part in this course, you will:

- Develop a deeper understanding of key theories of learner motivation.
- Reflect on your own beliefs and role in motivating students.
- Identify practical strategies for boosting both motivation and engagement.
- Learn how to ignite and sustain learners’ intrinsic motivation.
- Strengthen your ability to maintain your own motivation as a teacher.

<p><b>Session 1</b> Monday</p>	<p>Understanding what motivation means</p> <ul style="list-style-type: none"> <li>• Unpack what motivation really is—and discover your role in sparking it.</li> <li>• Exploring personal beliefs about motivation</li> <li>• Key motivational theories for learning</li> <li>• Defining the teacher’s role in inspiring learners</li> </ul>
<p><b>Session 2</b> Tuesday</p>	<p>Laying the foundations for student motivation</p> <ul style="list-style-type: none"> <li>• Learn how to spot unmotivated learners and build the conditions for growth.</li> <li>• Recognizing unmotivated learners</li> <li>• Creating the conditions for student motivation</li> <li>• The role of mindsets and emotions</li> </ul>
<p><b>Session 3</b> Wednesday</p>	<p>Igniting the fire from within</p> <ul style="list-style-type: none"> <li>• Tap into the power of intrinsic motivation to inspire lasting learning.</li> <li>• Factors that drive intrinsic motivation</li> <li>• Strategies to promote intrinsic motivation in language classrooms</li> </ul>
<p><b>Session 4</b> Thursday</p>	<p>Going beyond motivation</p> <ul style="list-style-type: none"> <li>• Transform motivation into active engagement with practical classroom strategies</li> <li>• The link between motivation and engagement</li> <li>• Active learning strategies to sustain engagement</li> </ul>

<b>Session 5</b> Friday	Putting it all together Bring it all together—sustain motivation for both your learners and yourself. <ul style="list-style-type: none"><li>• Implications for teaching and learning</li><li>• Strategies for sustaining teacher motivation</li><li>• Reflection and action planning for next steps</li></ul>
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Please note: This course schedule is intended to give an overview of the topics to be covered in each session; however, it may be liable to change at the tutor's discretion.

There is no required preparatory reading for this course. However, you may wish to consult:

- Dörnyei, Z. (2001) Motivational Strategies in the Language Classroom. CUP
- Hasper, A. (2021) Igniting the fire within: motivating online learners. *Modern English Teacher*, 30 (4)
- Hadfield, J. & Dörnyei, Z. (2014) *Motivating learning*. Routledge.