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UNIVERSITY OF OXFORD

READING LIST

Course Title:	Counselling: An Introduction
Location:	Ewert House, Oxford
Term Dates:	21 Apr 2026 to 23 Jun 2026
Tutor:	Laura McDonald

The reading list below was supplied by the course tutor.

If you have enrolled on a course starting in the autumn, you can become a borrowing member of the Rewley House library from 1st September. If you are enrolled on a course starting in other terms, you can become a borrowing member once the previous term has ended. For example, students starting in January can join the Library in early December and those starting in April can join in early March.

If you are planning to purchase any books, please keep in mind that courses with insufficient students enrolled will be cancelled. The Department accepts no responsibility for books bought in anticipation of a course running.

Preparatory Reading List

The items on this list are to give you some background to the materials and ideas that we will be covering on the course.

Author	Title
Pete Sanders	*First Steps in Counselling*

Course Reading List

The items on this list are to support your learning while you are taking the course.

Author	Title
Alistair Ross	*Introducing Contemporary Psychodynamic Counselling and Psychotherapy*
John McLeod	*An Introduction to Counselling*
Margaret Hough	*A Practical Approach to Counselling*
Mearns, D and Thorne, B	*Person Centred Counselling in Action*