



English Language Teachers’ Summer Seminar 2026

Week 2: 3 – 8 August

The Reflective ELT Teacher: Advancing Your Practice and Your Students’ Success

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English Language Teaching is fast-paced and full of constant decisions—but how often do we stop to really think about what we do, why we do it, and how it impacts our learners? Critical reflection gives us that chance. It’s not just about looking back, but about looking deeper: questioning assumptions, spotting patterns, and opening new doors to professional growth and classroom transformation.

During this interactive workshop, you will:

- Explore what critical reflection really means in your own teaching and learning context.
- Experiment with practical frameworks and tools—from journals and recordings to mind maps and digital aids—that can help you grow as a teacher.
- Expand your repertoire of classroom activities that use reflection to engage learners and promote transformational learning.

Together, we’ll create the time and space to pause, reflect, and rethink. You’ll examine teaching through multiple lenses, connect theory with practice, and share experiences with fellow teachers in a supportive, collaborative environment. Through discussion of real classroom scenarios and personal teaching stories, you’ll discover new strategies for problem-solving and overcoming challenges.

By the end of the week, you will have:

- A personal toolkit of reflective practices to support your own development.
- A set of classroom-ready student-centered reflective activities.
- Renewed curiosity, energy, and insight to keep your teaching fresh, purposeful, and impactful.

This course is for English teachers at all levels who are looking to advance their professional development while empowering their students to think more critically and reflectively about their own learning.

<p>Session 1 Monday</p>	<p>Introduction to Critical Reflection in ELT <i>Take a step back from the daily rush and discover how reflection can transform your teaching.</i></p> <ul style="list-style-type: none"> • What is critical reflection and why do we need it? • Moving from descriptive recall to critical analysis: levels of reflection. • A personal audit – where are you now and what do you need?
<p>Session 2 Tuesday</p>	<p>Reflective Frameworks: Taking a New Perspective <i>See your classroom through fresh eyes using reflective frameworks to challenge old habits.</i></p> <ul style="list-style-type: none"> • Exploring key reflective frameworks. • Identifying the challenges and enablers in reflective practice. • Sharing our stories I: applying frameworks to real-life teaching scenarios.
<p>Session 3 Wednesday</p>	<p>Practical Tools and Strategies for Reflection <i>Test-drive digital and non-digital tools to find what really works for you and your learners.</i></p> <ul style="list-style-type: none"> • Assessing the practicality of digital and non-digital tools. • Collaborative insights with peers: hands-on testing of the tools. • Sharing our stories II: turning points and critical incidents.
<p>Session 4 Thursday</p>	<p>Embedding Critical Reflection in the Classroom: Transformative Teaching <i>Discover how reflective tasks can spark insight, agency, and growth in your students.</i></p> <ul style="list-style-type: none"> • Making time for a reflective approach with our learners. • Identifying student barriers and scaffolding reflection. • Setting goals and creating space for learner reflection.

Session 5 Friday	Sustaining Reflective Practice: Next Steps <i>Build momentum and keep reflection alive with supportive networks and future-focused strategies.</i> <ul style="list-style-type: none">• Improving professional practice: collaborative reflection and critical friends.• Coaching, mentoring, and peer review—identifying your support network.• Documenting growth and your reflective practice journey.
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Please note: This course schedule is intended to give an overview of the topics to be covered in each session; however, it may be liable to change at the tutor's discretion.

SUGGESTED READING

There is no required preparatory reading for this course. However, you may wish to have a look at:

- Brookfield, S.D. (1995). *Becoming a Critically Reflective Teacher*. San Francisco: Jossey-Bass
- Farrell, T. S. (2024). *Reflective practice for language teachers*. British Council.
- Moon, J (1999). *Reflection in Learning and Professional Development: theory and practice*. London: Kogan Page